



Kurszeiten 2021

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
08:00					
09:00	9:15 - 10:00 Rehasport	9:00 - 9:30 Zirkeltraining	9:15 - 10:00 Rehasport		9:00 - 9:30 Zirkeltraining
10:00	10:15 - 11:00 Rehasport	10:00 - 10:45 Hula Hoop	10:15 - 11:00 Rehasport	10:15 - 11:00 Rehasport	10:15 - 11:00 Rehasport
11:00		ab Oktober 2021	10:15 - 10:45 ONLINE - Kurs		
12:00					
13:00					
14:00					
15:00				15:15 - 15:45 ONLINE - Kurs	
16:00		16:00 - 16:45 Rehasport			
	ab Oktober 2021				
17:00	17:00 - 17:45 Hula Hoop	17:00 - 17:45 Rehasport		17:00 - 17:45 Rehasport	17:30 - 18:00 ONLINE - Kurs
18:00	18:00 - 18:45 Rehasport				
19:00					

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